

AUPAIR EN FAMILIA



Do you love children?
Would you like to learn or improve your Spanish?
Would you like to have a unique experience in the South of Spain, living
as part of a Spanish family?

AUPAIR EN FAMILIA gives you the opportunity to immerse yourself in Spanish culture and language while living in a Spanish home, taking care of the children and helping with light household tasks, as another member of the family.

Our host families live in the South of Spain, most of them in El Puerto de Santa María, a nice town located on the Atlantic coast of the Bay of Cádiz and a very popular destination for the Summer holidays in the area, but there is also a demand for aupairs in Jerez de la Frontera and Sevilla.

AUPAIR EXPERIENCE

Aupairs receive a minimum of 60 euros per week, typically working between 30 and 35 hours a week plus two nights of babysitting. Apart from taking care of children they will be required to collaborate in day to day family duties such as tidying up, making beds, helping with the washing, the laundry, setting the table, etc. The number of working hours and the timetable may vary depending on the family needs, and the weekly pay will duly increase depending on the size of the family, and in the case of having a longer timetable.





As a general rule, Spanish parents hire an aupair not only for the help, but also because they want their children to practice their English, so English will be the usual method of communication with the children. Aupairs can practice their Spanish with the host parents, friends and in their Spanish classes, if they enrol in a course. Few people speak English in El Puerto de Santa María, so it is a perfect place to practice your Spanish when you go to public places such as supermarkets and shops, bars, gyms... People in the South of Spain are very friendly and talkative, and always eager to help foreigners.

OUR SERVICES

AUPAIR EN FAMILIA was created by Evelyn Domínguez, a Spanish mum who knows very well the challenge of raising 2 children while working and taking care of household duties at the same time. She has been working as a teacher of English and Spanish for 14 years, and throughout her career she has met many aupairs and is aware of the difficulties that they meet when they come on their own.

AUPAIR EN FAMILIA offers personalized attention and orientation to candidates during the whole process and ensures they will have a pleasant experience by matching them with families which have alike interests and preferences. It also offers:

- Constant mediation between the family and the aupair, in case of language barrier or any kind of conflict. We also provide with a model of written agreement which stipulates the aupair's duties and conditions such as working hours, tasks to fulfill, free time, pocket money, etc.
- orientation about Spanish families' lifestyle: customs and traditions, raising children in Spain, education system, etc.
- practical information about living in Spain and specific orientation about the town or city they are living in (El Puerto/Jerez/Sevilla): transport, places of interest, shopping, etc. Possibility of meeting other aupairs in the area and joining in cultural/leisure activities: walking tours, cultural visits (wineries, bullring, museums...), trips to the beach, etc.
- Spanish classes (one to one or groups) at very economic rates, or information about languages schools in the area.

RELATION OF AUPAIR DUTIES

CHILDREN-RELATED (may vary according to the children's age):

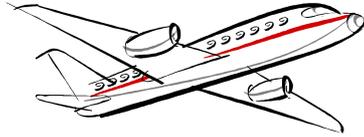
- Playing with the children and keeping them safe
- Preparing meals and snacks for the children
- Helping to keep the children's room tidy
- Bathing and dressing the children
- Helping school age kids by packing lunches, taking them to school and helping with homework
- Entertaining the children and teach them about your culture
- Taking the children on outings to parks, playgroups and other activities
- Travelling with your host family on vacations and providing care for the children

HOUSEHOLD TASKS (may vary according to the family's needs):

- Tidying up (picking up toys, folding clothes...)
- Making beds
- Setting and clearing the table
- Loading and emptying the dishwasher
- Helping with the laundry
- Ironing (children's clothes, mainly)



PRACTICAL INFORMATION



Travel expenses

The aupair will pay for her own travel expenses (round trip flight). The family usually picks up their aupair at the airport or station the day of arrival, or they will take care that someone collects her on behalf of the family.

The family will pay for all the trips if they are taking the aupair with them during the holidays. They will also pay for all activities done with the family during the aupair's working hours such as train or boat tickets, entrance tickets to museums, attractions, etc.

The aupair will pay for her own travels during her free time, including public transport to the city centre, Spanish classes, etc. Some families have bicycles or even cars at their disposal.

Living costs

Aupairs get a minimum of 60 euros a week as pocket money for their personal expenses. The family will cover all the meals inside the house or outside if they go together to a restaurant during the aupair's working hours.

They will have an individual room, although they may have to share the bathroom. Depending on the family, they will be allowed to use the Internet or the phone for local calls or international reverse charge or card calls (this information will be included in the dossier about the family that aupairs will receive before their arrival). The family will provide: bed linen, hand and bath towels, beach towel if necessary, and basic wash products (bath gel, shampoo).

Aupairs need to pay for the Spanish lessons if they enrol in a course.

Documentation: Visas, Medical Insurance

Members of the European Union do not need a Visa, their national ID card or passport are all they need to travel to Spain.

As to medical assistance, they are covered by the Spanish Social Security System. However, we recommend aupairs to apply for the European Health Insurance Card before they come to Spain. European citizens can get the EHIC for free. In the UK you can apply for it through the NHS website.

If you come from a country outside the European Union you will need to arrange a private health insurance. If you already have one, consult which services it covers in Spain. You will also need a valid Visa if you plan to stay for more than 3 months.

First meeting

Families and aupairs are strongly recommended to have a first meeting in which they can discuss important issues related to daily life routines, duties, house rules and, in general, those details which are too specific to be included in the written agreement. For example, what kind of food is reserved for the children (like milkshakes, cookies, etc.), for special occasions or for a specific member in the family; also, it would be a good moment to discuss safety issues, like locking the door, connecting the alarm... and the use of computers, phone, etc.

Curfew

Aupairs are adults and as such they will not be subject to any curfews. However, they are expected to be responsible and respect the family's routines and rest times. Common sense will apply in most situations; if the aupair's timetable starts at 7am they will be expected to go to bed at a reasonable time so that they can get their hours of sleep and perform their duties proficiently the following day. This is extremely important when they are taking care of small children who require constant attention and energy from their caretakers!

During their free time aupairs are encouraged to enjoy the lively night life and all the leisure activities that El Puerto has to offer, especially during the summer.

Mobile phones

We advise families to provide a mobile phone with a Spanish SIM card, since it will allow them to contact the aupair at any time in case they need to give her instructions or just inquire after their children's well being. However, aupairs may want to have their own card for private calls to their friends, class mates, etc. This is one of the issues that can be discussed during the first meeting. There is the option to share costs.



For more information, contact Evelyn Domínguez:
edominguezbendala@hotmail.com

AUPAIR QUESTIONNAIRE:

This questionnaire is aimed at finding a suitable family who match your preferences and interests. Please feel free to add any additional comments or information that you may consider relevant and can contribute to make your experience as pleasant and rewarding as possible.

Full name:

Age (Date of birth):

Contact details: email, phone number:

Nationality:

Where are you from?

Where do you live?

Which languages do you speak (indicate approximate level)?

Studies completed:

Interests and free time activities:

Approximate dates that you would be available (please indicate probable length of stay):

Do you have previous experience taking care of children as a nanny or an aupair, in summer camps, etc., or are there children in your family? Please indicate when and where, giving details about the tasks you performed and the children's age:

Do you have any preferences as to the age of the children to be cared for?

Do you have special nutritional requirements or needs (i.e., are you vegetarian or have any food intolerances)?

Do you have any medical condition or allergies that should require a specific treatment or special conditions during your stay?

Do you enjoy cooking? What kind of meals can you prepare?

Do you have a valid driving license?

Can you swim?

Would you mind staying with a family who have pets?

Do you smoke? If so, would you accept smoking restrictions (only smoking during your free time, and outside the house)?

What do you expect from your experience as an aupair in Spain?

Other comments:

Please attach any certificates or references you consider relevant to complete your profile.

Thank you!